

# **Erskine College Athletic Training Education Program**



## **Application Packet**

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## **Athletic Trainer Defined**

An athletic trainer is a qualified allied health care professional educated and experienced in the management of health care problems associated with athletic participation. In cooperation with physicians and other allied health care personnel, the athletic trainer functions as an integral member of the athletic care team in secondary schools, colleges and universities, professional sports programs, sports medicine clinics, and other athletic health care settings. The athletic trainer functions in cooperation with medical personnel, athletic administrators, coaches, and parents in the development and coordination of efficient and responsive athletic health care delivery systems. The athletic trainer's professional preparation is directed toward the development of specified competencies in the following domains: prevention, recognition and evaluation, management and treatment disposition, rehabilitation, organization and administration, and education and counseling. Through a combination of formal classroom instruction, clinical education, and field experience, the athletic trainer is prepared to apply a wide variety of specific health care skill and knowledge within each of the domains. (CAATE Standards and Guidelines - Athletic Trainer)

## **General Program Description**

### *Mission Statement*

The Erskine College Athletic Training Education Program exists to provide the opportunity for athletic training students to prepare for a career as a certified athletic trainer. This is accomplished through providing an environment that emphasizes quality learning through extensive didactic and clinical experiences, enabling athletic training students to integrate knowledge and moral values in preparation for a life of service to God, society, and the athletic training profession. Through these experiences, the student will be prepared to complete the national certification examination and become competent entry level professionals.

### *Program Goals*

1. Athletic training students will successfully challenge the BOC exam.
2. Athletic training students will be competent entry level professionals.
3. Athletic training students will be able to perform athletic training skills at a competent level.
4. Athletic training students will retain information and skills over time.
5. Athletic training students will obtain employment opportunities and/or entrance into graduate programs of study.

# Admission to the Athletic Training Education Program (ATEP)

## *Admission Requirements*

Admission to the ATEP is competitive and requires the following:

- Completion of PE 216 and PE 226 with a B or higher
- a minimum of 60 hours under the supervision of the Erskine College Athletic Training Staff
- a minimum GPA of 2.5
- completed application materials
- ATEP recommendation forms
- signed copy of technical standards
- an interview with ATEP staff and students

The number of students accepted into the ATEP is limited yearly according to the number of clinical instructors and attrition within the program. The number of students selected may vary year to year due to the caliber and number of applicants and the number of clinical instructors available. Minimum criteria completion will not always guarantee admission. For BOC certification, the ATEP requirements and BOC examination must be successfully completed. The Erskine College ATEP follows the nondiscrimination policy of Erskine College and Seminary, which can be viewed at <http://www.erskine.edu/faculty-staff/jobsHR.html>

**Transfer students** may apply to the ATEP in the fall or spring semester if the admission criteria are met. The number of students accepted is limited according to the number of clinical instructors and attrition within the major. Standards for admission may vary year to year due to the caliber and number of applicants. Therefore, meeting the minimum criteria does not guarantee admission. Credit for previous coursework is evaluated by the college Registrar and the ATEP Director.

## **Selection Criteria**

- Students will be accepted into the ATEP based on the following:
- Grade point average in pre-requisite courses
- Overall grade point average
- Interview
- Athletic Training Center observation
- Essay
- Recommendations
- Application packet presentation
- Signed copy of the Technical Standards
- Final transcript
- Copy of Professional Rescuer CPR/AED Certificate

## Academic Requirements

Students in the Athletic Training Education Program have the option to pursue:

1. A minor in an area of interest.
2. Courses that will serve as pre-requisites for graduate school or a professional school.

### Required Courses:

BG 210: Anatomy and Physiology I (4 s.h.)  
BG 211: Anatomy and Physiology II (4 s.h.)  
PE 201: School and Community Health (3 s.h.)  
PE 216: Emergency Response (2 s.h.)  
PE 226: Introduction to Athletic Training (2 s.h.)  
PE 229: Orthopedic Assessment I (3 s.h.)  
PE 230: Orthopedic Assessment II (3 s.h.)  
PE 231: Athletic Training- Clinical I (1 s.h.)  
PE 232: Athletic Training- Clinical II (1 s.h.)  
PE 240: Therapeutic Modalities (2 s.h.)  
PE 241: Therapeutic Modalities Lab (1 s.h.)  
PE 242: Therapeutic Exercise (2 s.h.)  
PE 243: Therapeutic Exercise Lab (1 s.h.)  
PE 317: Nutrition Counseling (3 s.h.)  
PE 340: Medical Aspects (4 s.h.)  
PE 342: Organization and Administration of Athletic Training (2 s.h.)  
PE 365: Athletic Training Clinical III (2 s.h.)  
PE 366: Athletic Training Clinical IV (2 s.h.)  
PE 402: Kinesiology (3 s.h.)  
PE 403: Physiology of Exercise (3 s.h.)  
PE 417: Exercise and Weight Control (3 s.h.)  
PE 423: Field Experience in Athletic Training (2 s.h.)  
PE 425: Senior Project in Athletic Training (1 s.h.)  
PE 426: Advanced Athletic Training (1 s.h.)  
J30: Externship in Athletic Training (1 s.h.)  
PY 201: General Psychology (3 s.h.)

### Clinical Education

The Athletic Training Student's clinical education is comprised of two elements: clinical experience and proficiency practice/demonstration. Clinical education involves the acquisition and practice of clinical skills in the clinical environment (i.e., the athletic training center and practice / game coverage).

The proficiency portion includes demonstration of progressive competencies in risk management and injury prevention, pathology of injuries and illnesses, orthopedic clinical examination and diagnosis, medical conditions and disabilities, acute care of injuries and illnesses, therapeutic modalities, conditioning and rehabilitative exercise, pharmacology, psychosocial intervention and referral,

nutritional aspects of injuries and illnesses, health care administration, and professional development and responsibility.

The Athletic Training Student's clinical education will include a combination of the following:

1. Erskine College athletics
2. High schools
3. Sports medicine clinics / rehabilitation centers
4. Family physician offices
5. The Erskine College Athletic Training Center
6. Orthopedic offices
7. Other Allied Health Care related areas
8. Local colleges and universities

#### ATEP Required Costs

All athletic training students are required to fund their transportation to off-campus clinical sites.

#### Non-discrimination Policy

In compliance with the EOE/Title IX/Section 504/ADA Statement (Non-Discriminatory Statement), Erskine College does not discriminate on the basis of race, sex, color, religion, national origin, age, disability, or veteran status in provision of education opportunities or employment opportunities and benefits. Erskine College does not discriminate on the basis of sex or disability in the education programs and activities which it operates, pursuant to the requirements of Title VI of the Civil Rights Act of 1964, as codified in 42 U.S.C. 2000D; Title IX of the Education Amendments of 1972, Pub. L. 92-318; the Americans with Disabilities Act of 1990, Pub. L. 101-336; and the Age discrimination in Employment Act. This policy extends to both employment by and admission to the college, and admission to the ATEP. If an ATS believes s/he is the victim of discrimination, s/he should consult The Pilot (p. 46, available at [www.erskine.edu](http://www.erskine.edu)) to determine appropriate actions to take.

For more information regarding the Athletic Training Education Program and Erskine

College, visit [www.erskine.edu](http://www.erskine.edu) or contact the Athletic Training Education Program Director: Scott

DeCiantis, M.S., ATC

Athletic Training Education Program Director

P.O. Box 338

Due West, South Carolina 29639

864-379-8899

[deciantis@erskine.edu](mailto:deciantis@erskine.edu)

# Athletic Training Faculty

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Mark Leski, MD  
Medical Director  
Associate Director Primary Care Sports Medicine Fellowship  
Montgomery Center for Family Medicine  
Self Regional Healthcare

Kent Falb, ATC  
Adjunct Professor

## *Off - Campus Approved Clinical Instructors*

Brian Bishop, MA, ATC, CSCS  
Emerald High School

Jason Powell, ATC  
T.L. Hanna High School

Jason Reed, MS, ATC  
Presbyterian College

Jennifer Roberts, MS, ATC  
Belton Honea Path High School

Jynne Stowe, MS, ATC  
Westside High School

## Application Contents

The completed application will consist of the following materials:

1. Cover Letter – A typed letter stating that the student is applying to the Erskine College Athletic Training Education Program and indicating which materials are enclosed (model after a cover letter for a resume).
2. Completed application form and essay - Typed.
3. Observation Records - Summary of experience and observations in Athletic Training Center, including hours, and signature of an Erskine College Staff Athletic Trainer.
4. Recommendation Forms (2) - It is suggested, but not required, that the recommendation forms be completed by a high school teacher and a college professor. You may not ask a member of the Erskine College Athletic Training Staff to complete this form. The form must be sent directly to the ATEP Director.
5. Technical Standards – A signed copy of the technical standards must be submitted with the application. This may be found in the Erskine College ATEP Application packet or on the Erskine College ATEP website ( <http://www.erskine.edu/academics/athletic-training> ).
6. Policy on Athletic Training Student Participation in Intercollegiate Athletics – If an applicant also participates as a student/athlete, a signed copy of the policy on Athletic Training Student participation in athletics must be submitted with the application. A copy maybe downloaded from the Erskine College ATEP website ( <http://www.erskine.edu/academics/athletic-training/participation> ).
7. Copy of Professional Rescuer CPR/ AED Card.
8. Transcripts - From the first and second semesters (spring of the year applying) must be submitted to the ATEP Director.

## Application Deadline

1. All application materials must be submitted to the Program Director by 5 PM on **March 15<sup>th</sup>, 2012.**
2. Interviews will be scheduled and conducted in the month of **April.**
3. Notification of admission decisions will be made by **May 8, 2012.**  
Note: Final admission to the ATEP is contingent on:
  1. Completion of the required courses, PE 216 and PE 226, with a minimum grade: B
  2. Attaining a minimum cumulative Erskine GPA of 2.50 at the end of the spring semester
4. Students with conditional admission to the ATEP must submit a final transcript by **June 1.**

5. Official acceptance letters will be sent by **June 13<sup>th</sup>, 2012**.

# Erskine College ATEP Technical Standards for Admission

## History and Rational

The landmark Americans with Disabilities Act of 1990, P.L. 101-336 ("ADA" or "the Act"), enacted on July 26, 1990, provides comprehensive civil rights protections to qualified individuals with disabilities. The ADA was modeled after Section 504 of the Rehabilitation Act of 1973, which marked the beginning of equal opportunity for persons with disabilities. As amended, Section 504 "prohibits all programs or activities receiving federal financial assistance from discrimination against individuals with disabilities who are 'otherwise qualified' to participate in those programs." With respect to post-secondary educational services, an "otherwise qualified" individual is a person with a disability "who meets the academic and technical standards requisite to admission or participation in the recipient's education program or activity."

Under the Americans with Disabilities Act, Title II and Title III are applicable to students with disabilities and their requests for accommodations. Title II covers state colleges and universities. Title III pertains to private educational institutions; it prohibits discrimination based on disability in places of "public accommodation," including undergraduate and postgraduate schools.

Given the intent of Section 504 and the ADA, the development of standards of practice for a profession, and the establishment of essential requirements to the student's program of study, or directly related to licensing requirements, is allowable under these laws. In applying Section 504 regulations, which require individuals to meet the "academic and technical standards for admission," the Supreme Court has stated that physical qualifications could lawfully be considered "technical standard(s) for admission."

Institutions may not, however, exclude an "otherwise qualified" applicant or student merely because of a disability, if the institution can reasonably modify its program or facilities to accommodate the applicant or student with a disability. However, an institution need not provide accommodations or modify its program of study or facilities such that (a) would "fundamentally alter" and/or (b) place an "undue burden on" the educational program or academic requirements and technical standards which are essential to the program of study.

The Athletic Training Education Program at Erskine College is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Education Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education (CAATE)). The following abilities and expectations must be met by all students admitted to the Athletic Training Education Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC certification exam.

Candidates for selection to the Athletic Training Education Program must demonstrate:

- the mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm;

- sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients;
- the ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgements and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice;
- the ability to record the physical examination results and a treatment plan clearly and accurately;
- the capacity to maintain composure and continue to function well during periods of high stress;
- the perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced;
- flexibility and the ability to adjust to changing situations and uncertainty in clinical situations;
- affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the Erskine College Athletic Training Education Program will be required to verify they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The Erskine College ADA Compliance Officer will evaluate a student who states he/she could meet the program's technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

If a student states he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation; this includes a review a whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation.

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation. I understand that if I am unable to meet these standards I will not be admitted into the program.

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

**Alternative statement – students should sign below only if requesting accommodations.**

I certify that I have read and understand the technical standards of selection listed above and I believe to the best of my knowledge that I can meet each of these standards with certain accommodations. I will contact the Academic Office in Belk Hall to determine what accommodations may be available. I understand that if I am unable to meet these standards with or without accommodations, I will not be admitted into the program.

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

## Candidate Essay

Please type your response to the following essay question in the space provided below.

In essay form, briefly explain your interest in athletic training, including related past experiences, and why you believe you are a good candidate for this profession.



# Erskine College Athletic Training Education Program

## Application Form

Please Type

Legal Name \_\_\_\_\_ SSN \_\_\_\_\_  
Last First Middle

Current Mailing Address: \_\_\_\_\_ Permanent Mailing Address: \_\_\_\_\_

CPO # \_\_\_\_\_ Street \_\_\_\_\_ Apt.# \_\_\_\_\_

Phone # \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_ Gender:  Male  Female

Beginning with the most current, list in chronological order all colleges and/or universities attended, including Erskine.

Name of Institution	Date of Entrance	Exit	Date of	Major	GPA (4.0 scale)

Number of observation hours in the Erskine College Athletic Training Center: \_\_\_\_\_

Have taken or currently enrolled in: PE 216 Yes No Grade (if available): \_\_\_\_\_

PE 226 Yes No Grade (if available): \_\_\_\_\_

Are you a member of an athletic team at Erskine College, if so what sport(s)? \_\_\_\_\_

Are you involved in any extracurricular activities at Erskine College, if so what activities? \_\_\_\_\_

# Erskine College Athletic Training Education Program

## Recommendation Form

Name of applicant: \_\_\_\_\_

Please have this form completed by a current or former instructor, professor, advisor, or supervisor in a position to evaluate your potential. You may not use a member of the Erskine College Athletic Training Staff.

Name of evaluator: \_\_\_\_\_

I have known the applicant for \_\_\_\_\_ years in the capacity of \_\_\_\_\_

Please circle the number that best corresponds with the applicant's capacity for:

5= Excellent, 4= Good, 3= Average, 2= Fair, 1= Poor, 0= Unable to comment, N.O.= Not observed

1. Initiative	5	4	3	2	1	0	N.O.
2. Creativity	5	4	3	2	1	0	N.O.
3. Motivation	5	4	3	2	1	0	N.O.
4. Academic Ability	5	4	3	2	1	0	N.O.
5. Personal / Social Skills	5	4	3	2	1	0	N.O.
6. Dependability	5	4	3	2	1	0	N.O.
7. Commitment	5	4	3	2	1	0	N.O.
8. Organization / Time Management	5	4	3	2	1	0	N.O.

**What do you feel are the applicant's:**

Strong points?

---

-

-

-

Weak points?

---

-

-

How would you rank this student compared to other students at the same educational level with regard to:

Successfully handling advanced course work. \_\_\_\_\_

-

\_\_\_\_\_

—

Successfully learning “hands-on” skills. \_\_\_\_\_

-

\_\_\_\_\_

—

\_\_\_\_\_

—

Do you know any special considerations which should be taken into account for the applicant?

\_\_\_\_\_

—

\_\_\_\_\_

—

\_\_\_\_\_

—

Please make other comments that you feel will help us to evaluate the applicant. \_\_\_\_\_

\_\_\_\_\_

—

\_\_\_\_\_

—

\_\_\_\_\_

—

\_\_\_\_\_

—

\_\_\_\_\_

—

Which of the following best describes your thoughts on this prospective student’s application to the ATEP?

\_\_\_ Do not recommend    \_\_\_ Recommend with reservations    \_\_\_ Recommend    \_\_\_ Highly recommend

Signature

Date

---

Name and Title

Telephone Number

---

Address

City/State/Zip

Please place in a sealed envelope, sign across the seal, and mail directly to:

Scott DeCiantis, M.S., ATC  
Erskine College  
Athletic Training Education Program Director  
Box 338  
Due West, South Carolina 29639

## Erskine College Athletic Training Education Program

### Recommendation Form

*Accredited*

Name of applicant: \_\_\_\_\_

Please have this form completed by a current or former instructor, professor, advisor, or supervisor in a position to evaluate your potential. You may not use a member of the Erskine College Athletic Training Staff.

Name of evaluator: \_\_\_\_\_

I have known the applicant for \_\_\_\_\_ years in the capacity of \_\_\_\_\_

---

Please circle the number that best corresponds with the applicant's capacity for:

5= Excellent, 4= Good, 3= Average, 2= Fair, 1= Poor, 0= Unable to comment, N.O.= Not observed

1. Initiative	5	4	3	2	1	0	N.O.
2. Creativity	5	4	3	2	1	0	N.O.
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4. Academic Ability	5	4	3	2	1	0	N.O.
5. Personal / Social Skills	5	4	3	2	1	0	N.O.
6. Dependability	5	4	3	2	1	0	N.O.
7. Commitment	5	4	3	2	1	0	N.O.
8. Organization / Time Management	5	4	3	2	1	0	N.O.

**What do you feel are the applicant's:**

Strong points?

---

-  
-  
-  
Weak points?  
\_\_\_\_\_

-  
-  
-  
How would you rank this student compared to other students at the same educational level with regard to:

Successfully handling advanced course work. \_\_\_\_\_

-  
-  
-  
Successfully learning "hands-on" skills. \_\_\_\_\_

-  
-  
-  
Do you know any special considerations which should be taken into account for the applicant?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please make other comments that you feel will help us to evaluate the applicant. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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Which of the following best describes your thoughts on this prospective student's application to the ATEP?

     Do not recommend           Recommend with reservations           Recommend           Highly recommend

---

Signature \_\_\_\_\_ Date \_\_\_\_\_

---

Name and Title \_\_\_\_\_ Telephone Number \_\_\_\_\_

---

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Please place in a sealed envelope, sign across the seal, and mail directly to:  
Scott DeCiantis, M.S., ATC  
Erskine College  
Athletic Training Education Program Director  
Box 338  
Due West, South Carolina 29639

## Erskine College Athletic Training Education Program Prospective Student Application Evaluation Form

Student's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

Scale: High numbers represent top of the scale (excellent), and lower numbers represent bottom of the scale (poor).

### 1. Grade Point Average

Is overall GPA at least 2.5? \_\_\_\_\_ Yes or No

Does student have B or higher in PE 226? \_\_\_\_\_ Yes or No

Overall GPA: \_\_\_\_\_

2.50 – 2.75	=1
2.76 – 2.99	=2
3.00 – 3.49	=3
3.50 – 4.00	=4

### 2. Observation Hours

Did student meet 60-hour minimum? \_\_\_\_\_ Yes or No

Total number of hours \_\_\_\_\_

60 – 64	=1
65 – 69	=2

70 – 74 =3  
75 – 79 =4  
80 or > =5

3. Application Packet

Letter of recommendations \_\_\_\_\_ 1-5  
Essay \_\_\_\_\_ 1-7  
Application form \_\_\_\_\_ 1-5

4. Interview

Appearance \_\_\_\_\_ 1-4  
Professionalism \_\_\_\_\_ 1-5  
Experience in athletic training \_\_\_\_\_ 1-5  
Interviewer's impression \_\_\_\_\_ 1-5

5. Overall Total of Applicant

\_\_\_\_\_ / 55

**Erskine College Athletic Training Education Program**

**Clinical Observation Form**

Name: \_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_\_

Time of Observation: \_\_\_\_\_

Hour Total for Day: \_\_\_\_\_

Please indicate below what you observed during your clinical observation in the Athletic Training Center (list injuries, rehabilitation, interaction with students or staff, etc.) Please photocopy this document (for more copies) and include them in your application materials upon applying to the Athletic Training Education Program.

Erskine College Athletic Training Faculty Member Verification:

-